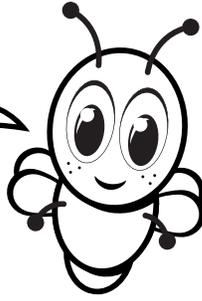


Blinky's Family Challenge

The Bible is God's true story ... *that keeps my spirit heart healthy!*



Feed Your Heart

Listen to, look at, and learn from the Bible. When you do that, you're feeding God's truth to your spirit heart so it can stay healthy!

You'll Need

- Something to write with
- A piece of paper
- Bite-sized pieces of food (like cereal, raisins, or small candies)

Directions

1. Draw a large heart together on the piece of paper.
2. Say something from the **True or Not? List**.
3. If it's true, put a piece of food inside the heart, and say, "Yum, Yum! That's yummy all the time!"
4. If it's not true, say, "Yuck! Don't feed that to your heart!"

True or Not? List

True

- God is good.
- God is strong.
- God loves you.
- God is always with you.
- Jesus makes you friends with God.

Not True

- God is mean.
- God is weak.
- God doesn't know you.
- God is really far away.
- No one can be friends with God.

Review Time!

Say With Me Ages 2-3

1. Say Together: **The Bible is true!**
2. Say Together: **I feed my heart!**

Q&A Ages 4-Kindergarten

1. **What do you feed your spirit heart?**
Truth from the Bible
2. **Will your spirit heart be healthy if you don't feed it the truth from God's Bible?** *No!*



Lead your family through the Bible Plan *God's Good News* on the YouVersion Bible App. www.bible.com

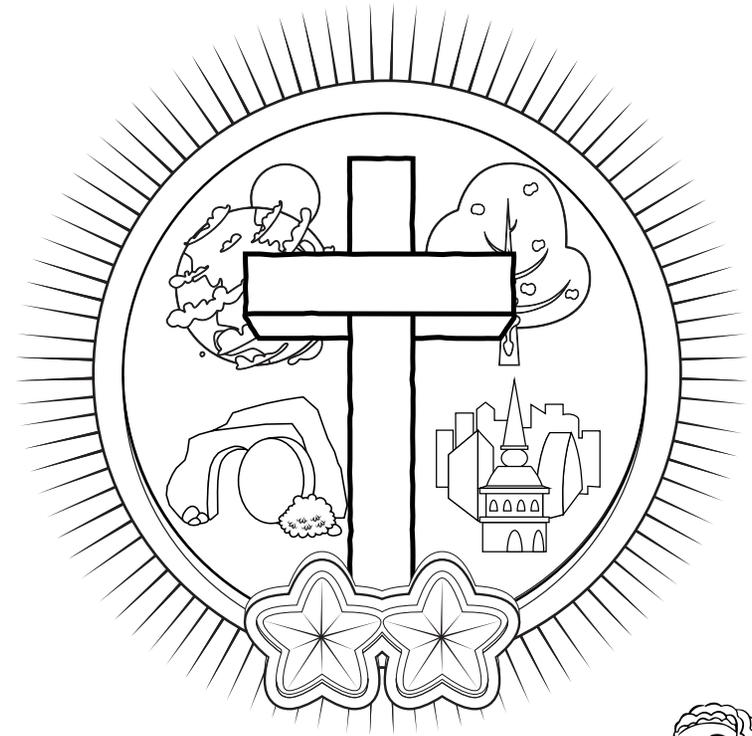


life.church/kids

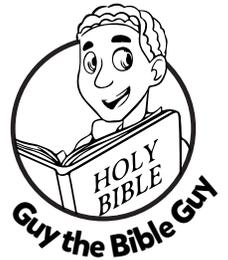
God's Good News

Be part of the story

Week Two



Tell your family the Bible verse about God's Good News!

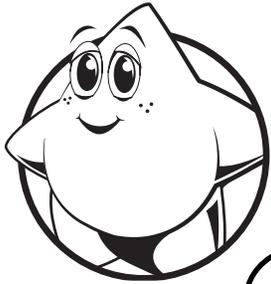


Interact with God's Word through the Bible App for Kids, activities, videos, coloring sheets, parent resources, and more!
www.BibleAppForKids.com



Follow LifeKids to sing along with this month's song, Yummy. www.life.church/kidsmusic

Shine



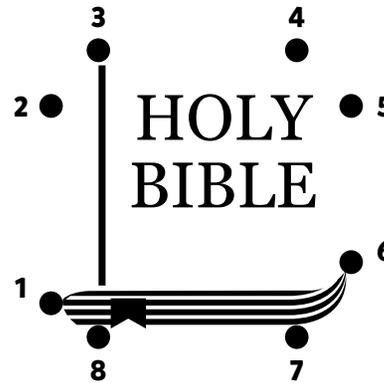
Question:
Hey friends!
**What's the Bible
all about?**

Emily



Answer: Say it
with me! **The Bible is
God's true story!**

✂ **Connect the dots to find the Bible!**



Guy the Bible Guy

The Bible is God's book for you!
You can trust it's right and true!

You can learn God's true story. The Bible teaches it to you!

Put a sticker above each part of the Bible verse when you say it.

